



Florida Department of Health in Lee County
COMMUNITY HEALTH IMPROVEMENT PLAN
ANNUAL PROGRESS REPORT

2019

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Governor

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State Surgeon General

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Produced by:
Florida Department of Health
Lee County

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Introduction

This is the 2019 annual review report for the 2018-2022 Lee County Community Health Improvement Plan (CHIP). The activities and collaborative efforts of the Florida Department of Health in Lee County (DOH-Lee) and community partners will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Lee County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

Overview of CHIP and Annual Review Meeting

In May of 2018, the Department of Health in Lee County convened the CHIP Planning Team. The Planning Team facilitated the CHIP process by using the National Association of City and County Health Officials' Mobilizing for Action through Planning and Partnership (MAPP) strategic planning model. Subject matter experts from a diverse group of partner organizations conducted the four assessments outlined in the MAPP process. Individually, the assessment yielded in-depth analyses of factors and forces that impact population health. Taken together, the assessment findings contribute to a comprehensive view of health and quality of life in Lee County.

The Planning Team developed findings and presented these findings to the Steering Committee. The Steering Committee comprised a diverse leadership group representing 15 agencies and organizations in Lee County. The Steering Committee set priorities through a facilitated consensus process by looking for cross-cutting strategic issues that emerged from the four assessments. The Steering Committee reached consensus on two strategic issue areas: Mental Health/Substance Abuse and Nutrition/Physical Activity/Weight. Once the priority areas were chosen the next three CHIP meeting focused on creating and finalizing the goals and objectives. Please refer to the table below for strategic issue areas and goals developed by a workgroup of subject matter experts.

The CHIP Steering Committee meets quarterly to review the progress of the objectives. At each quarterly meeting, the agency leads for each objective discuss the progress and objectives are tracked. Prior to submitting the CHIP Annual Review in March each year, the CHIP Steering Committee and DOH-Lee's Performance Management Council (PMC) both evaluate and approve any changes made to the plan. In 2020, the CHIP Steering Committee and DOH-Lee's PMC reviewed the 2018-2022 CHIP and identified five objectives that needed to be revised. Two major objectives discussed during these meetings were objective 1.2.2 and objective 2.2.1. The number of mental health trainings held in Lee County (objective 1.2.2) was increased from two trainings to 20 trainings because, 26 people from various organizations were trained to be instructors in Mental Health First Aid (MHFA) and more than two trainings will occur by 2022. Second, the CHIP Steering Committee decided to change the wording in objective 2.2.1 to focus in on specific resource guides that are lacking in the county, instead of broad mental health and substance abuse resource guides.

| Strategic Issue Area | Goal |
|---|--|
| Mental Health and Substance Abuse | 1. Decrease the drug poisoning death rate in Lee County |
| | 2. Decrease the suicide death rate in Lee County |
| Nutrition, Physical Activity, and Weight | 1. Increase moderate vigorous physical activity for school aged children |
| | 2. Increase consumption of nutritious foods |

2019 Progress and 2020 Revisions

Strategic Issue Area #1:Mental Health and Substance Abuse

Mental illnesses, such as depression and anxiety, affect people’s ability to participate in health-promoting behaviors. This in turn can lead to physical health issues. According to the Florida Department of Health Bureau of Vital Statistics, in 2017 mental health was connected to the tenth leading cause of death in Lee County-suicide. From 2015-2017, the Lee County age-adjusted death rate (AADR) for suicide was 15.4 per 100,000. This is higher than the state rate of 14.2. In 2017, more than one in four (21%) of Lee County adults had been diagnosed by a physician as having a depressive disorder (such as depression, major depression, dysthymia, or minor depression) This rate is higher than both state and national findings.

Substance abuse refers to a set of related conditions associated with the consumption of mind and behavior altering substances that have negative behavioral and health outcomes. Per the 2017 Community Health Needs Assessment (CHNA), nearly half (45.7%) of Lee County adults perceived substance abuse as a “major problem” in Lee County. The Florida Department of Health in Lee County Bureau of Vital Statistics states that in 2017 substance abuse was connected to the third (unintentional injury), seventh (Alzheimer’s disease), and ninth (chronic liver disease and cirrhosis) leading causes of death of in Lee County. The Florida Department of Health Bureau of Vital Statistics also found that in 2017 the drug poisoning death rate in Lee County was 37.9 per 100,000 people. This is higher than Florida’s 2017 rate of 24.6 per 100,000 and higher than Lee County’s 2016 rate of 25.6 per 100,000.

Goal 1: Decrease the drug poisoning death rates in Lee County

Strategy 1.1: Partner with other organizations to complete goals

Strategy 1.2: Reduce stigma related to mental health and substance abuse

Strategy 1.3: Increase the number of individuals who have access to substance abuse education/training

Key Partners: DOH-Lee, Operation PAR, Catholic Charities, SalusCare, Lee County School District, Lee Health, and Park Royal, Lee County Healthcare Coalition, Lee Health, NAMI, Twelve Oaks Recovery, SalusCare, Cape Coral Emergency Management, Lee County Coalition for a Drug Free Southwest Florida, Shell Point Retirement Community, Providence Family Life Center, Centerstone, Volunteers of America, Centene Corporation, Goodwill, Lee County Emergency Management, and Sunrise Community, Inc

| 2019 Performance | | | | | | | |
|------------------|--|------------|-------------|--------------|-------------|--------------------|---------------------|
| Objective Number | Objective | Baseline | Performance | Target Value | Target Date | Trend ¹ | Status ¹ |
| 1.1.1 | By December 31, 2019, partner with three Lee County organizations, substance abuse focused, to offer sustainable ideas | 0 Partners | 6 Partners | 3 Partners | 12/19/2019 | ▲ | Completed |

| | | | | | | | |
|--|---|-----------------------|------------------------|---------------------------|------------|---|-------------------|
| | of reducing drug poisoning death rates in Lee County. | | | | | | |
| 1.2.1 | By December 31, 2022, increase the number of adults enrolled in substance abuse programs by 10%. From 2,769 (2016) to 3,046. | 2,769 Enrollees | 2,769 Enrollees | 3,046 Enrollees | 12/31/2022 | - | Decision Required |
| 1.2.2 | By December 31, 2022, hold two mental health trainings for the residents of Lee County. | 0 Trainings | 0 Trainings | 2 Trainings | 12/31/2022 | ▲ | On Track |
| 1.3.1 | By December 31, 2022, support the offering of seven additional naloxone trainings in Lee County for residents. | 3 Trainings | 4 Trainings | 10 Trainings | 12/31/2022 | ▲ | On Track |
| 1.3.2 | By December 31, 2022, support the dissemination of information to the community for naloxone trainings available in Lee County for high-risk populations. | 0 Flyers Disseminated | 75 Flyers Disseminated | 1,000 Flyers Disseminated | 12/31/2022 | ▲ | On Track |
| 2020 Revisions | | | | | | | |
| 1.2.2 | By December 31, 2022, hold 20 mental health trainings for the residents of Lee County. | 0 Trainings | | 20 Trainings | 12/31/2022 | | |
| Rationale | | | | | | | |
| 1.2.2: In November 2019, 26 people were trained to be instructors in Mental Health First Aid (MHFA). Each trainer needs to complete trainings annually. Those open to the community will be tracked. | | | | | | | |

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Of the five objectives for goal one, four are on track and one is not on track. Objective 1.2.1 is labeled as decision required because no new local data is available. Completing the other objectives in goal one can help increase this statistic.

In 2019, the CHIP committee gained six new partners for goal one, exceeding the target of three new partners. Although the objective has been completed, CHIP committee members are encouraged to continue inviting new organization to join the committee and help achieve the goals and objectives.

In November 2019, 26 people, from 14 different local organizations, were trained to become instructors in Mental Health First Aid (MHFA) thanks to a partnership with the Lee County Healthcare Coalition. Each trainer is required to complete three trainings annually to maintain their certification. Trainings open to the community will be tracked. Objective 1.2.2 has been revised in anticipation of the increases the number of Mental Health First Aid (MHFA) training that will be held by the new MHFA instructors.

One additional Naloxone training has occurred in Lee County and the instructor is willing to complete more. The CHIP committee is in the process of identifying a location and people who are interested before setting up additional trainings.

How Targets Were Monitored

An implementation plan template was given by the state for tracking actions. This tracking plan along with documentation spreadsheets and quarterly progress charts are used to monitor and inform the CHIP committee and DOH-Lee staff of the progress made on each objective. Objective 1.2.1 is monitored using FLCHARTS (Florida Community Health Assessment Resource Tool).

Strategic Issue Area #1:Mental Health and Substance Abuse

Mental illnesses, such as depression and anxiety, affect people's ability to participate in health-promoting behaviors. This in turn can lead to physical health issues. According to the Florida Department of Health Bureau of Vital Statistics, in 2017 mental health was connected to the tenth leading cause of death in Lee County-suicide. From 2015-2017, the Lee County age-adjusted death rate (AADR) for suicide was 15.4 per 100,000. This is higher than the state rate of 14.2. In 2017, more than one in four (21%) of Lee County adults had been diagnosed by a physician as having a depressive disorder (such as depression, major depression, dysthymia, or minor depression) This rate is higher than both state and national findings.

Substance abuse refers to a set of related conditions associated with the consumption of mind and behavior altering substances that have negative behavioral and health outcomes. Per the 2017 Community Health Needs Assessment (CHNA), nearly half (45.7%) of Lee County adults perceived substance abuse as a "major problem" in Lee County. The Florida Department of Health in Lee County Bureau of Vital Statistics states that in 2017 substance abuse was connected to the third (unintentional injury), seventh (Alzheimer's disease), and ninth (chronic liver disease and cirrhosis) leading causes of death of in Lee County. The Florida Department of Health Bureau of Vital Statistics also found that in 2017 the drug poisoning death rate in Lee County was 37.9 per 100,000 people. This is higher than Florida's 2017 rate of 24.6 per 100,000 and higher than Lee County's 2016 rate of 25.6 per 100,000

Goal 2: Decrease the suicide death rates in Lee County





Strategy 2.1: Partner with organizations to complete goals

Strategy 2.2: Increase accessibility of mental health and substance abuse services/facilities available to the community.

Strategy 2.3: Increase suicide prevention education

Key Partners: DOH-Lee, Operation PAR, Catholic Charities, SalusCare, Lee County School District, Lee Health, and Park Royal, NAMI Lee, Lee County AGING Coalition, and Lee County Coalition for a Drug Free Southwest Florida

| 2019 Performance | | | | | | | |
|------------------|---|------------|-------------|--------------|-------------|--------------------|---------------------|
| Objective Number | Objective | Baseline | Performance | Target Value | Target Date | Trend ¹ | Status ¹ |
| 2.1.1 | By December 31, 2019, partner with three Lee County organizations that focus on mental health and/or substance abuse to help decrease the suicide death rate in Lee County. | 0 Partners | 6 Partners | 3 Partners | 12/31/2019 | ▲ | Completed |

| | | | | | | | |
|-----------------------|---|--------------------------|--------------------------|------------------------------|------------|---|--------------------------|
| 2.2.1 | By July 31, 2019, create two pamphlets that list the mental health and substance abuse services available in Lee County. | 0 Pamphlets | 1 Pamphlet | 2 Pamphlets | 07/31/2019 |  | <i>Decision Required</i> |
| 2.2.2 | By December 31, 2019, disseminate 1,000 pamphlets listing the mental health and substance abuse services available in Lee County. | 0 Pamphlets Disseminated | 0 Pamphlets Disseminated | 1,000 Pamphlets Disseminated | 12/31/2019 | - | <i>Decision Required</i> |
| 2.2.3 | By December 31, 2020, organize and hold five community outreach events in Lee County focusing on mental health and substance abuse. | 0 Events | 4 Events | 5 Events | 12/31/2020 |  | <i>On Track</i> |
| 2.3.1 | By December 31, 2022, create and hold five suicide prevention education events for the community. | 0 Events | 0 Events | 5 Events | 12/31/2022 |  | <i>On Track</i> |
| 2.3.2 | By December 31, 2022, create and hold five suicide prevention education events for high-risk populations. | 0 Events | 1 Event | 5 Events | 12/31/2022 |  | <i>On Track</i> |
| 2020 Revisions | | | | | | | |
| 2.2.1 | By December 31, 2020, create two pamphlets that list services available in Lee County focusing on specific issues that relate to mental health and substance abuse. | 0 Pamphlets | | 2 Pamphlets | 12/31/2020 | | |

| | | | | | | |
|---|--|--------------------------|--|------------------------------|------------|--|
| 2.2.2 | By December 31, 2022, disseminate 1,000 pamphlets focusing on services in Lee County for specific issues that relate to mental health and substance abuse. | 0 Pamphlets Disseminated | | 1,000 Pamphlets Disseminated | 12/31/2022 | |
| Rationale | | | | | | |
| <p><u>2.2.1:</u> Pamphlets were changed to focusing on local resources for specific topics, still within mental health and substance abuse, including suicide and homelessness. The suicide resource pamphlet has been completed; the homelessness pamphlet is being created. The completion date was pushed back to 2020 to allow time for the new proposed pamphlets.</p> <p><u>2.2.2:</u> Wording was updated to align with new 2.2.1 objective.</p> | | | | | | |

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Of the six objectives for goal two, four are on track or complete and two are labeled decision required. In 2019, the CHIP committee gained six new partners for goal two, exceeding the target of three new partners. Although the objective has been completed, CHIP committee members are encouraged to continue inviting new organization to join the committee and help achieve the goals and objectives.

Objectives 2.2.1 has been revised to focus on local resources for specific topics, still within mental health and substance abuse, including suicide and homelessness. The suicide resource pamphlet has been completed; the homelessness pamphlet is being created. The completion date was pushed back to 2020 to allow time for the new proposed pamphlets. Objective 2.2.2 has also been revised to align with the revised 2.2.1 objective and to allow more time for dissemination of the new pamphlets.

In 2019, four of the five events planned for objective 2.2.3 were held. The event topics included a real life depiction about the dangers of drinking underaged/drinking and driving, a seminar focusing of the opioid epidemic and the action healthcare and law enforcement are taking, a half day seminar on the impact of substance use on children and families, and a family night prevention event at Tice Elementary School.

Park Royal has taken lead for objective 2.3.1 and is in the process of planning suicide prevention education events for the community using their Jason's Foundation material. Focusing on the high-risk populations, veteran suicide education material was tabled at an AFSP Campus walk at Florida Gulf Coast University (FGCU). Suicide prevention presentations are also being offered to organization that attend the Lee County AGING Coalition.

How Targets Were Monitored

An implementation plan template was given by the state for tracking actions. This tracking plan along with documentation spreadsheets and quarterly progress charts are used to monitor and inform the CHIP committee and DOH-Lee staff of the progress made on each objective.

Strategic Issue Area #2: Nutrition, Physical Activity, and Weight

Data from the Florida Department of Health Bureau of Vital Statistics shows that in 2017 nutrition, physical activity, and weight were connected to the second (heart disease), fifth (stroke), and sixth (diabetes) leading causes of death in Lee County. A fundamental first step in increasing nutrition is removing barriers to access of nutritional foods. According to Feeding America, 12.9% of individuals living in Lee County in 2016 had food insecurity, not having access to enough food for an active, healthy life.

The CDC's Physical Activity Guidelines for Americans states that "increased amounts of moderate to vigorous physical activity are associated with improved cardiorespiratory and muscular fitness, including a healthier body weight and body composition." In Lee County, the percent of students who are physically inactive is increasing. The Florida Youth Tobacco Survey found in 2016, more than three-fifths (78.5%) of middle school students and 79.3% of high school students did not have sufficient vigorous physical activity in Lee County.

Goal 3: Increase moderate to vigorous physical activity for school aged children

Strategy 3.1: Partner with other organizations to complete goals

Strategy 3.2: Identify and engage school district community partners to offer more physical activity outside of school hours

Strategy 3.3: Increase messaging empowering/inspiring families to engage in physical activity, focusing on indoor activity

Key Partners: DOH-Lee, Lee County School District, Eat Local Lee, Healthy Lee, Streets Alive, and UF/IFAS Extension Family Nutrition Program

| 2019 Performance | | | | | | | |
|------------------|---|-------------------------|-------------------------|-------------------------|-------------|--------------------|---------------------|
| Objective Number | Objective | Baseline | Performance | Target Value | Target Date | Trend ¹ | Status ¹ |
| 3.1.1 | By December 31, 2019, partner with three Lee County organizations that focus on physical activity programs to help achieve goals. | 0 Partners | 5 Partners | 3 Partners | 12/31/2019 | ▲ | Completed |
| 3.2.1 | By December 31, 2020, five programs/partnerships in Lee County will have implemented one new afterschool program that offers moderate to vigorous physical activity for school aged children. | 0 Programs/Partnerships | 0 Programs/Partnerships | 5 Programs/Partnerships | 12/31/2020 | ▼ | Not on Track |

| | | | | | | | |
|----------------|---|--------------------------------|---------------------------------|---------------------------------|------------|---|--------------|
| 3.2.2 | By December 31, 2022, 10 programs/partnerships in Lee County will have implemented one new afterschool program that offers moderate to vigorous physical activity for school aged children. | 0 Programs/Partnerships | 0 Programs/Partnerships | 10 Programs/Partnerships | 12/31/2022 | ▼ | Not on Track |
| 3.3.1 | By December 31, 2019, identify 30 family-appropriate indoor physical activities in the community that are available, including online opportunities. | 0 Indoor Activities Identified | 32 Indoor Activities Identified | 30 Indoor Activities Identified | 12/31/2019 | ▲ | Completed |
| 3.3.2 | By December 31, 2020, disseminate information on indoor physical activities to 20 different community locations. | 0 Locations | 7 Locations | 20 Locations | 12/31/2020 | ▲ | On Track |
| 2020 Revisions | | | | | | | |
| 3.2.1 | By December 31, 2020, programs offering moderate to vigorous physical activity for school aged children will be implemented in at least five new locations in Lee County. | 0 Locations | | 5 Locations | 12/31/2020 | | |
| 3.2.2 | By December 31, 2022, programs offering moderate to vigorous physical activity for school aged children will be implemented in at least 10 new locations in Lee County. | 0 Locations | | 10 Locations | 12/31/2022 | | |

Rationale

3.2.1: The objective was reworded to focus on locations where new programs are occurring instead of tracking the number of new programs. This will allow us to more accurately track the programs being implemented because some programs are being implemented at several location, but it is the same program so with the old working we were only counting it as one program.

3.2.2: The objective was reworded to focus on locations where new programs are occurring instead of tracking the number of new programs. This will allow us to more accurately track the programs being implemented because some programs are being implemented at several location, but it is the same program so with the old working we were only counting it as one program.

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Of the five objectives for goal three, two are completed, one is on track, and two are not on track. In 2019, the CHIP committee gained five new partners for goal three, exceeding the target of three new partners. Although the objective has been completed, CHIP committee members are encouraged to continue inviting new organization to join the committee and help achieve the goals and objectives.

Objectives 3.2.1 and 3.2.2 are both labeled not on track. Streets Alive is working with Girl Scouts of Gulf Coast to pilot a program in an elementary school fostering physical activity focusing on bicycle and pedestrian safety. UF/IFAS is partnering with the school district to implement a “soccer for success” program. The CHIP committee revised this objective to better track the programs being implemented in Lee County.

The Lee County Summer 2019 resource guide was created and disseminated in May 2019. The resource guide identified 32 free or low-cost indoor activities that could be completed at home or activities at local organizations. 170 paper copies and 1140 electronic copies of the guide were disseminated across seven different locations between May and August 2019. The committee plans to update the guide yearly and disseminate them again between May and August.

How Targets Were Monitored

An implementation plan template was given by the state for tracking actions. This tracking plan along with documentation spreadsheets and quarterly progress charts are used to monitor and inform the CHIP committee and DOH-Lee staff of the progress made on each objective.

Strategic Issue Area #2: Nutrition, Physical Activity, and Weight

Data from the Florida Department of Health Bureau of Vital Statistics shows that in 2017 nutrition, physical activity, and weight were connected to the second (heart disease), fifth (stroke), and sixth (diabetes) leading causes of death in Lee County. A fundamental first step in increasing nutrition is removing barriers to access of nutritional foods. According to Feeding America, 12.9% of individuals living in Lee County in 2016 had *food insecurity*, not having access to enough food for an active, healthy life.

The CDC's Physical Activity Guidelines for Americans states that "increased amounts of moderate to vigorous physical activity are associated with improved cardiorespiratory and muscular fitness, including a healthier body weight and body composition." In Lee County, the percent of students who are physically inactive is increasing. The Florida Youth Tobacco Survey found in 2016, more than three-fifths (78.5%) of middle school students and 79.3% of high school students did not have sufficient vigorous physical activity in Lee County.

Goal 4: Increase consumption of nutritious foods

Strategy 4.1: Partner with other organizations to complete goals

Strategy 4.2: Increase exposure to nutrition education

Strategy 4.3: Increase awareness of community gardens and farmer's markets in Lee County

Key Partners: DOH-Lee, Lee County School District, Eat Local Lee, Healthy Lee, and UF/IFAS Extension Family Nutrition Program

| 2019 Performance | | | | | | | |
|------------------|--|------------|-------------|--------------|-------------|--------------------|---------------------|
| Objective Number | Objective | Baseline | Performance | Target Value | Target Date | Trend ¹ | Status ¹ |
| 4.1.1 | By December 31, 2019, partner with three Lee County organizations that focus on physical activity programs to help achieve goals. | 0 Partners | 4 Partners | 3 Partners | 12/31/2019 | ▲ | Completed |
| 4.2.1 | By December 31, 2022, increase the percentage of Lee County adults who consume five or more servings of fruits or vegetables per day from 17.9% (2013) to 25%. | 17.90% | 17.90% | 25.00% | 12/31/2022 | - | Decision Required |

| | | | | | | | |
|-------|---|--------------|-------------|-------------|------------|---|---------------------|
| 4.2.2 | By December 31, 2020, hold 10 nutrition education events for the community. | 0 Events | 2 Events | 10 Events | 12/31/2020 | ▲ | <i>Not on Track</i> |
| 4.2.3 | By December 31, 2022, hold 20 nutrition education events for the community. | 0 Events | 2 Events | 20 Events | 12/31/2022 | ▲ | <i>Not on Track</i> |
| 4.3.1 | By December 31, 2019, create an asset map, mapping out local gardens and markets. | 0 Asset Maps | 1 Asset Map | 1 Asset Map | 12/31/2019 | ▲ | <i>Completed</i> |
| 4.3.2 | By December 31, 2020, have the asset map of community gardens and farmer's markets accessible online. | 0 Locations | 0 Locations | 5 Locations | 12/31/2020 | - | <i>On Track</i> |

¹Refer to the trend and status descriptions on the following page

Progress in 2019

Of the six objectives for this goal, three are on track and three not on track. Objective 4.2.1 is labeled as not on track because no new local data is available. Completing the other objectives can help increase this statistic. Objective 4.2.2 and 4.2.3 are also labeled as not on track. Nutrition education has been offered from DOH-Lee to organizations and two events were set up but ended up being canceled. In efforts to make progress on this objective the committee decided to compile a list of local events in 2020 and have committee members sign up to table at the events to disseminate nutrition education from the CDC as well as local resources. Two events have been tabled at.

In 2019, the CHIP committee gained four new partners for goal four, exceeding the target of three new partners. Although the objective has been completed, CHIP committee members are encouraged to continue inviting new organizations to join the committee and help achieve the goals and objectives.





Eat Local Lee's map has been updated to include community gardens, farmers markets (starring those that accept Fresh Access Bucks), and school gardens. Eat Local Lee is working with the Lee County School District to get the maps printed for every student in the school district. In addition to disseminating them to the school district, electronic copies will be sent out and tracked through the CHIP committee.

How Targets Were Monitored

An implementation plan template was given by the state for tracking actions. This tracking plan along with documentation spreadsheets and quarterly progress charts are used to monitor and inform the CHIP committee and DOH-Lee staff of the progress made on each objective. Objective 4.2.1 is monitored using FLCHARTS (Florida Community Health Assessment Resource Tool).

Trend and Status Descriptions

*Trend Descriptions:

-  = Data trend is upward and in the desired direction for progress
-  = Data trend is downward and in the desired direction for progress
-  = Data trend is upward and in the undesired direction for progress
-  = Data trend is downward and in the undesired direction for progress

**Status Descriptions:

- **On Track** = Objective progress is exceeding expectations or is performing as expected at this point in time
- **Not on Track** = Objective progress is below expectations at this point in time
- **Decision Required** = Objective is at risk of not completing/meeting goal. Management decision is required on mitigation/next steps.
- **Completed** = Objective has been completed or has been met and the target date has passed
- **Not Completed** = Objective has not been completed or has not been met and the target date has passed

Accomplishments

| Goal | Objective | Accomplishment |
|--|---|--|
| Decrease the suicide death rate in Lee County | By December 31, 2022, hold two mental health trainings for residents of Lee County. | In November 2019, 26 people were trained to become instructors in Mental Health First Aid (MHFA) thanks to a partnership with the Lee County Healthcare Coalition. |
| Why This Accomplishment is Important for Our Community | | |
| Prior to this training, Lee County had little to no adult Mental Health First Aid (MHFA) trainings available to the public. Training 26 new adult MHFA instructors, from 14 different local organizations, allows different populations to become trained. This training will help Lee County residents learn how to identify someone with a mental health illness and how to encourage appropriate resources. | | |

| Goal | Objective | Accomplishment |
|---|--|---|
| Increase moderate to vigorous physical activity for school aged children | By December 31, 2019, identify 30 family-appropriate indoor physical activities in the community that are available, including online opportunities. | The Lee County Summer 2019 resource guide was created and disseminated in May 2019. The resource guide identified 32 free or low-cost indoor activities that could be done at home or at local organizations. |
| Why This Accomplishment is Important for Our Community | | |
| A barrier for children and family to remain physically active in the summer is the Southwest Florida heat. This resource guide was created to promote indoor physical activities for the whole family to participate in at home and other local organizations that provide indoor physical activities for low prices. | | |

| Goal | Objective | Accomplishment |
|---|---|--|
| Increase consumption of nutritious foods | By December 31, 2019, create an asset map, mapping out local gardens and markets. | Eat Local Lee's map was updated to include community gardens, farmers markets (staring those that accept Fresh Access Bucks), and school gardens. Eat Local Lee is working with the Lee County School District to get the maps printed for every student in the school district (about 94,000 students). |
| Why This Accomplishment is Important for Our Community | | |
| The residents of Lee County benefit from this map because they learn how accessible locally grown fruits and vegetables are. Adding a logo to represent which farmers markets accept Fresh Access Bucks (FAB) will give Supplemental Nutrition Assistance Program (SNAP) eligible residents clear indications of where they can use their vouchers. | | |

Conclusion

The CHIP serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic issue areas. It is not intended to be an exhaustive and static document. We will evaluate progress on an ongoing basis through quarterly CHIP implementation reports and quarterly discussion by community partners. We will conduct annual reviews and revisions based on input from partners and create CHIP annual reports each year by March. The CHIP will continue to change and evolve over time as new information and insight emerge at the local, state and national levels.

By working together, we can have a significant impact on the community's health, improving where we live, work and play and realize the vision of a healthier Lee County.

Appendices

Appendix A: DOH-Lee PMC Meeting Minutes

Part 1: Agenda & Summary

Florida Department of Health in Lee County

JPD, Room 207

02/26/20 11:00am

MEETING PURPOSE:

- Advise and guide the creation, deployment and continuous evaluation of the performance management system and its components.
- Monitor and evaluate performance toward achieving objectives in health improvement, quality improvement, workforce development, and strategic plans, and make recommendations to improve performance.

| Topic | Lead | Time | Summary of Key Points, Decisions & Action Items |
|------------------------------|---------------------|---------|---|
| ▪ Welcome | Abbigayle Riedisser | 11:00am | Meeting called to order. |
| ▪ Review of Meeting Summary | Abbigayle Riedisser | | Reviewed previous minutes held from last meeting 12.09.19 |
| ▪ Previous Action Items | Abbigayle Riedisser | | No Action Items from last meeting. |
| ▪ PMQI Consortia Team Update | Abbigayle Riedisser | | <ul style="list-style-type: none">• Discussed the NACCHO QI Self-Assessment Tool survey. It will be sent out in March 2020 and we expect the results back around April. <p>There will be Two Versions of the assessment:</p> <ul style="list-style-type: none">• Leadership will have 60 questions• All Staff will have 30 questions.<ul style="list-style-type: none">○ Remind staff to take the assessment because it will be used in the new PMQI Plan. |

| Topic | Lead | Time | Summary of Key Points, Decisions & Action Items |
|--|---------------------|------|--|
| | | | <ul style="list-style-type: none"> Discussed Body of knowledge (BOK) <ul style="list-style-type: none"> Teams are being developed by the state for specific topics. They are looking for subject matter experts in different fields to volunteer and for this to be more of an integrated system so that when a CHD is struggling with a topic the BOK will be available to assist. Discussed Staff engagement and talked about the Huddle Board Technique. The consortia did an exercise on how to carry it out. <ul style="list-style-type: none"> Huddle board helps learn how to categorize ideas and how to get more staff within each department to suggest ideas Four Main Sections of a Huddle Board: <ul style="list-style-type: none"> New improvement opportunities PICK Chart (1-Possible, 2-Implement, 3-Challenge, 4-Kill) Work in progress Improvement idea implemented |
| <ul style="list-style-type: none"> CHIP | Abbigayle Riedisser | | <p>Reviewed the progress on objectives and revisions:</p> <ul style="list-style-type: none"> 1.3.1 – FGCU students recently reached out to help with a project after reviewing the CHIP, HWF, and AGING Coalition they decided they wanted to help with the Naloxone training. So, we may be able to make more progress on this objective in the coming year. 1.2.2 – The new MHFA instructors will be training community members and those trainings are open to the public & will be tracked for the CHIP. Right now, it is at 10 trainings, but the CHIP committee will select the new target number at the March CHIP meeting. 2.2.1 – Pamphlets were changed from broad mental health and substance abuse to focusing on local resources for specific topics, still within mental health and substance abuse, including suicide |

| Topic | Lead | Time | Summary of Key Points, Decisions & Action Items |
|---|---------------------|------|---|
| | | | <p>and homelessness. The suicide resource pamphlet has been completed; the homelessness pamphlet is being created. The completion date was pushed back to 2020 to allow time for the new proposed pamphlets.</p> <ul style="list-style-type: none"> • 2.2.2 – Wording was changed to align with 2.2.1 • 3.2.1 & 3.2.2 – The CHIP committee is trying to make great effort to find partnership willing to offer new afterschool activities. Streets alive is working on a bicycle safety and physical activity program in Tice Elementary with the girl scouts but it is still in the beginning phases. CHIP committee will decide how to edit these objectives. 10 new partnerships/programs may not be achievable. <p>❖ Annual progress report due by March 31st, 2020</p> |
| <ul style="list-style-type: none"> ▪ Strategic Plan | Abbigayle Riedisser | | <ul style="list-style-type: none"> • Strategic Annual Progress Report is complete and will be submitted March 31st, 2020 • Discussed Progress and Revisions <p>❖ Annual progress report due by March 31st, 2020</p> |
| <ul style="list-style-type: none"> ▪ Performance Management Council Assessment | Abbigayle Riedisser | | <ul style="list-style-type: none"> • Reviewed survey results from last year's assessment of the PMC meetings and these were the areas of concern and the outcome: <ul style="list-style-type: none"> 1- Requesting more frontline staff to attend. <ul style="list-style-type: none"> ○ This can be arranged. Email Abbigayle or Theresa with any new member so we can make sure we have enough print outs for everyone. 2- Would like minutes sent to staff. <ul style="list-style-type: none"> ○ It will be added to the Monday Morning Memo as well as continue to be uploaded to Share Point and Florida Health Performs. |

| Topic | Lead | Time | Summary of Key Points, Decisions & Action Items |
|---------------------------|---------------------|-------|---|
| | | | <p>3- Can we have the agendas in advance?</p> <ul style="list-style-type: none"> Yes, this can be completed in advance and emailed out to the committee prior to the meetings. <p>4- Can the meetings be at other locations?</p> <ul style="list-style-type: none"> Yes, we can switch it out and go to Michigan and Pondella as well this way more front-line staff can attend. <p>5- More time for group discussions?</p> <ul style="list-style-type: none"> Absolutely. Should you have anything to discuss at the meeting please email Abbigayle or Theresa and it can be added to the Agenda. |
| ▪ QI | Kevin Murphy | | <ul style="list-style-type: none"> Discussed New Employee Orientation and how we are piloting a new QI-101 for the state. In these trainings we will be offering all new employees the knowledge of QI processes and PDCA(Plan-Do-Check-Act). The orientation includes: <ul style="list-style-type: none"> QI Course Videos Evaluation |
| ▪ Florida Health Performs | Abbigayle Riedisser | | <ul style="list-style-type: none"> Navigated how to find items on the Florida Health Performs website with the new features and explained how to find the plans and reviews. |
| ▪ Action items | Abbigayle Riedisser | | <ul style="list-style-type: none"> Take turns at having our PMC meetings at different locations so that more front-line staff can attend. Email Agenda in advance. Add the minutes to the Monday morning memo. |
| ▪ Adjourn | Abbigayle Riedisser | 11:40 | Next meeting TBD |

ATTENDANCE: (Please add or delete lines as necessary).

| Name | Title | Position/Role | Check Box if Present |
|----------------------------------|---|---|-------------------------------------|
| Angela Smith | Health Officer/Administrator | Health Officer (Chair) | <input type="checkbox"/> |
| Char-nequa Smith | Executive Community Health Nursing Director | Senior Leadership Team | <input checked="" type="checkbox"/> |
| Brian Bates- Called-in | EHE-Professional Engineering Administrator | Senior Leadership Team | <input checked="" type="checkbox"/> |
| Lori Riddle | WIC-Nutrition Program Director | Senior Leadership Team | <input checked="" type="checkbox"/> |
| Kevin Murphy | Director of Planning and Performance Management | PMQI Champion/Strategic Plan Lead/QI Plan Lead/Accreditation Lead | <input checked="" type="checkbox"/> |
| Abbigayle Riedisser | Government Operations Consultant I | CHIP Lead | <input checked="" type="checkbox"/> |
| Kevin Kirkwood | Health Promotions Program Administrator | Senior Leadership Team | <input checked="" type="checkbox"/> |
| Jennifer Roth | EPI-Biological Administrator | Senior Leadership Team | <input type="checkbox"/> |
| Jerry Joseph | Preparedness Program Manager | Senior Leadership Team | <input type="checkbox"/> |
| Angela Armstrong | Epidemiology Program Manager | PMC Member | <input checked="" type="checkbox"/> |
| Chris Hinsdale | IT Director | Senior Leadership Team | <input checked="" type="checkbox"/> |
| Carmen Rodriguez | Operations & Mgt Consultant I | PMC Member | <input checked="" type="checkbox"/> |
| Ileana Bracete- Called-in | EHE-Environmental Manager | PMC Member | <input checked="" type="checkbox"/> |
| Amanda Richmond | Administrative Assistant III | PMC Member | <input checked="" type="checkbox"/> |
| Theresa Barrett | Administrative Assistant I | PMC Member | <input type="checkbox"/> |

Part 2: Planning and Tracking

| Item | Due Date to Central Office | 12/13/2018 | 3/4/2019 | 5/23/2019 | 9/4/2019 | 12/9/2019 | 2/26/2020 | Enter date. | Enter date. | Enter date. | Enter date. | Enter date. | Enter date. | Enter date. | Enter date. | Enter date. |
|---|----------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| PMQI Consortia Team Update (Quarterly) | N/A | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CHIP Performance Review (Quarterly) | N/A | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CHIP Progress Report (Annually) | Mar 31 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| CHIP Development or Revision (Annually) | Mar 31 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Strategic Plan Performance Review (Quarterly) | N/A | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Strategic Plan Progress Report (Annually) | Mar 31 | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Strategic Plan Development or Revision (Annually) | Mar 31 | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Quality Improvement Plan Performance Review (Quarterly) | N/A | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Quality Improvement Plan Progress Report (Annually) | Sept 30 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Quality Improvement Plan Development or Revision (Annually) | Sept 30 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Workforce Development Plan Performance Review (Quarterly) | N/A | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Workforce Development Plan Progress Report (Annually) | TBD | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Workforce Development Plan Development or Revision (Annually) | Sept 30 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Performance Management Council Assessment (Annually) | Varies | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Appendix B: Lee County CHIP Priority One Meeting Minutes

Agenda & Summary

Florida Department of Health in Lee County
Southwest Florida Community Foundation Collaboratory
2031 Jackson St. Suite 100, Fort Myers, FL 33901
March 12, 2020, 9:00am

MEETING PURPOSE:

- Advise and guide the creation, deployment and continuous evaluation of the Community Health Improvement Plan and its components.
- Monitor performance toward achieving strategic objectives in Community Health Improvement Plan.

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|--|---------------------|--|
| ▪ Welcome | Abbigayle Riedisser | Meeting was called to order and introductions were given |
| ▪ Goal One: Decrease the drug poisoning death rate in Lee County | All | <ul style="list-style-type: none">• Objective 1.2.1 – We could use the statistics from SAMHSA tracking the doctors who are becoming authorized to prescribed buprenorphine in Lee County.<ul style="list-style-type: none">○ https://www.samhsa.gov/medication-assisted-treatment/practitioner-program-data/treatment-practitioner-locator• Objective 1.2.2 – Mental Health First-Aid Training- In November we had 26 new Adult MHFA instructors trained in Lee County<ul style="list-style-type: none">○ As of March 2020, three community trainings have occurred, with two more planned this month hosted, free to the community, by Catholic Charities.○ We should try to hold 6 trainings that are on the weekend for those who are not able to take time off work to attend.<ul style="list-style-type: none">▪ If your organization would be interested in hosting a MHFA training contact Amanda.Evans@flhealth.gov and she can get you in touch with an instructor.• Objective 1.3.1 & 1.3.2 – If anyone is interested in hosting a naloxone training email Abbigayle.riedisser@flhealth.gov and she can put you in contact with STOP and Luis.<ul style="list-style-type: none">▪ Luis provides the training for free.• Objective 1.3.1 & 1.3.2 – A group of FGCU students reached out to Abbigayle about working on a project and selected this objective.<ul style="list-style-type: none">○ She is meeting with the students next week to hear their proposal.○ More information will be given to the committee after meeting with the students |

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|---|------|--|
| | | <ul style="list-style-type: none"> ▪ “Prescription for Change” video online could be a great thing to show during training. • Objective 1.3.2 – Possibly to hand out flyers with more education on what naloxone is and why they should be trained to use it to help with education and getting word out for events. **Kept from pervious minutes** |
| <ul style="list-style-type: none"> ▪ Goal Two: Decrease the suicide death rate in Lee County | All | <ul style="list-style-type: none"> • Objective 2.2.1 & 2.2.2. – Suicide resource brochure was finalized <ul style="list-style-type: none"> ○ School District can hand the brochure out when they offer the Youth MHFA trainings to staff ○ Can be handed out at the adult MHFA trainings in the community. • Objective 2.2.1 – During the January meeting the committee decided the next brochure should focus on resources for the homeless population <ul style="list-style-type: none"> ○ A draft was brought to meeting for review ○ It was discussed the Lee County Homeless Coalition is working on a condensed pamphlet, with similar resources. <ul style="list-style-type: none"> ▪ We will work on disseminating the pamphlet created by the Lee County Homeless Coalition • Objective 2.2.2 – If you disseminate any brochures please email Abbigayle.Riedisser@flhealth.gov with the location you gave them out (including online) and how many were disseminated, for tracking purposes. • Objective 2.2.3 – Objective target has been met. We will continue to hold community events and track them through the CHIP, surpassing the target level. • Objective 2.3.1 – Park Royal (Meaghan Brady) working on a Suicide Prevention Event <ul style="list-style-type: none"> ○ Looking into a possible ½ day conference focusing on suicide prevention with trainings, panels, speakers, and resource tables. • Objective 2.3.1 & 2.3.2 – September is Suicide Prevention Month. • Objective 2.3.2 - NAMI (Mike Turner) working on a suicide prevention event focused on Veterans in September <ul style="list-style-type: none"> ○ If anyone would like to help with this initiative please email him at mdturner.vavolunteer@gmail.com • Objective 2.3.2 – Mike Turner will be tabling at the AFSP Out of the Darkness Campus Walk at FGCU March 22, 2020 <ul style="list-style-type: none"> ○ Walk Date: 03/22/2020 ○ Walk Location: Florida Gulf Coast University - Fort Myers, FL ○ Check-in/Registration Time: 6:00 pm |

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|-----------------------|---------------------|--|
| | | <ul style="list-style-type: none"> ○ Program Begins: 7:00 pm ○ Walk Begins: 7:30 pm ○ Walk Ends: 8:30 pm <ul style="list-style-type: none"> ▪ https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=6640 ● Objective 2.3.2 – PTSD Awareness Event Saturday June 27, 2020 <ul style="list-style-type: none"> ○ Event will have resources, solution based presentations, break out groups, and networking opportunities ○ Working on a location <ul style="list-style-type: none"> ▪ Catholic Charities (Matthew Glass) may be able to help find a location for free. ○ <i>Flyer attached</i> |
| ▪ Announcements | All | <ul style="list-style-type: none"> ● Due to time constraints no announcements were given |
| ▪ Objective Revisions | All | <ul style="list-style-type: none"> ● Objective 1.2.2 – We have already held three trainings in 2020 therefore the objective is being revised to increase the target level. <ul style="list-style-type: none"> ○ <i>Objective 1.2.2: By December 31, 2022, hold 20 mental health trainings for the residents of Lee County</i> |
| ▪ Meeting Evaluation | All | |
| ▪ Adjourn | Abbigayle Riedisser | <ul style="list-style-type: none"> ● Next meeting will be June 11, 2020 9:00am-11:00am at the Collaboratory Multi-purpose Room Side 2 |

Appendix C: Lee County CHIP Priority One Meeting Sign-In

CHIP Meeting Sign-in Sheet

Mental Health and Substance Abuse
March 12, 2020 9:00am-10:30am



| NO. | NAME (PRINT) | ORGANIZATION | PHONE | EMAIL |
|-----|------------------|------------------------------------|--------------|---------------------------------------|
| 01 | Jennifer Cunha | Lee Coalition for a Drug-Free SWFL | 239-703-9009 | jnmurray8@bucs.fsw.edu |
| 02 | Kathleen Michel | Operation PAR | 239-656-7700 | kmichel@operpar.org |
| 03 | Kevin Kirkwood | PAH-LEE | 239-332-9658 | Richard.Kirkwood@flhealth.gov |
| 04 | Michael D Turner | NAMI SMVF Council | 937-701-3373 | mdturner31.VAvolunteer@yahoo.com |
| 05 | Deborah | on file | | |
| 06 | Sherry Wenzel | Lee Schools | | SherryW@leeschools.net |
| 07 | Carlos Morcena | Lee School | | Carlos.morcena@leeschools.net |
| 08 | Leo D'Amico | Celadon Recovery | | leo.d@celadonrecovery.com |
| 09 | Rolando Gallegos | Celadon Recovery | | RGallegos@celadonrecovery.com |
| 10 | Matthew Glass | Catholic Charities | | Matthewglass@catholiccharitiesdca.org |
| 11 | Maia Lew | Henry Chapin Food Bank | | mlewis@henrychapinfoodbank.org |
| 12 | | | | |

Appendix D: Lee County CHIP Priority Two Meeting Minutes

Agenda & Summary

Florida Department of Health in Lee County
Southwest Florida Community Foundation Collaboratory
2031 Jackson St. Suite 100, Fort Myers, FL 33901
March 3, 2020, 9:00am

MEETING PURPOSE:

- Advise and guide the creation, deployment and continuous evaluation of the Community Health Improvement Plan and its components.
- Monitor performance toward achieving strategic objectives in Community Health Improvement Plan.

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|--|---------------------|--|
| ▪ Welcome | Abbigayle Riedisser | Meeting was called to order. |
| ▪ Goal Three: Increase moderate to vigorous physical activity for school aged children | All | <ul style="list-style-type: none">○ Objective 3.2.1 & 3.2.2 – Streets Alive (Diana Giraldo) partnering with Girl Scouts of Gulf Coast (high school aged scouts)<ul style="list-style-type: none">▪ Receiving volunteer hours for implementing pilot▪ Working on MOU▪ Starting pilot with an elementary school in Lee School District• Objective 3.2.1 & 3.2.2 – UF IFAS FNP partnering with US Soccer foundation for “Soccer for Success”<ul style="list-style-type: none">○ Implementing into schools or afterschool programs in April○ Currently IFAS staff is being trained on program○ Pilot in Tice Elementary- 30 minute program○ Looking into offering in the Boys and Girls Club in Lee• Objective 3.3.1 & 3.3.2 – We have achieved the 3.3.1 objective, but we will create this guide annually and get it sent out around May/June.<ul style="list-style-type: none">○ Draft for 2020 will be completed and sent out for edits before May.○ The final resource guide for 2020 will be sent out by June to be disseminated.• Objective 3.3.2 – LCSD (Lauren Couchois) has a Facebook and Instagram account that we can send resource guides and other pamphlets through for the objectives. **Kept from pervious minutes**• Objective 3.3.2 – Harry Chapin can send out through the mobile pantries |

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|---|------|---|
| | | <ul style="list-style-type: none"> Objective 3.2.2 – We can reach out the Library to see if they can have them at the library locations. |
| <ul style="list-style-type: none"> Goal Four: Increase consumption of nutritious foods | All | <ul style="list-style-type: none"> Objective 4.2.1 – No new data released; objectives below will hopefully help increase this percentage. <ul style="list-style-type: none"> Look into new statistic to measure in case this data does not update. UF/IFAS programs give pre and post-tests in their series based classes. Annual reports can be broken down by county. <ul style="list-style-type: none"> We could use this data to replace this current objective. Objective 4.2.2 & 4.2.3 – DOH-Lee will be offering nutrition education presentations to organizations that attend the Aging Coalition Objective 4.2.2 & 4.2.3 – LCSD attends many community events, they can inform the CHIP committee of potential events for the future. Objective 4.2.2 & 4.2.3 – UF/IFAS starting to provide nutrition education quarterly at Hubbell Farm’s mobile market. <ul style="list-style-type: none"> Open to community and flyers can be sent out through CHIP email. We could reach out to Hubbell Farm to have other organization on the CHIP committee to come provide nutrition education on the days UF/IFAS is not there. <ul style="list-style-type: none"> https://hubbellfarms.com/ Objective 4.3.1 & 4.3.2 –Eat Local Lee (Courtney) has added the community gardens, school gardens, and the Fresh Access Bucks (FAB) markets to the map. <ul style="list-style-type: none"> Once completed the committee will help disseminate any printed copies and promote the website and app. <ul style="list-style-type: none"> Dissemination will be tracked for objective 4.3.2 Objective 4.3.1 & 4.3.2 – Streets Alive has an interactive map as well, focusing on bike routes, and could potentially be combined with the online version of the Eat Local Lee map to show bicycle routes close to the gardens and markets. **Kept from previous minutes** |
| <ul style="list-style-type: none"> Organization Outreach | All | <ul style="list-style-type: none"> Objective 3.3.2 - Library Systems Objective 4.2.2 - Hubble Farms |
| <ul style="list-style-type: none"> Objective Revisions | All | <ul style="list-style-type: none"> Objective 3.2.1 & 3.2.2 – Take out “new programs/partnerships” and focus on increasing partnerships. Focus on “outside of school hours” can look into implementing before school programs |

| Topic | Lead | Summary of Key Points, Decisions & Action Items |
|----------------------|---------------------|---|
| | | <ul style="list-style-type: none"> ○ <i>Objective 3.2.1 - By December 31, 2020, programs offering moderate to vigorous physical activity for school aged children will be implemented in at least five new locations in Lee County.</i> ○ <i>Objective 3.2.2 - By December 31, 2022, programs offering moderate to vigorous physical activity for school aged children will be implemented in at least 10 new locations in Lee County.</i> |
| ▪ Announcements | All | <ul style="list-style-type: none"> • Lee County School District <ul style="list-style-type: none"> ○ Working on getting the schools Blue Zones Certified ○ Bonita Elementary ○ Goal to get 50% of schools certified in the next few years • Blue Zones -Food Policy Council Meeting <ul style="list-style-type: none"> ○ First meeting May 18th ○ When flyer is created Abbigayle can email it out to the CHIP committee. • Lee County Aging Coalition <ul style="list-style-type: none"> ○ Upcoming Meetings – Collaboratory Multi-Purpose Room 2 <ul style="list-style-type: none"> ▪ 04/07/2020 – 9:00am-10:30am ▪ 05/06/2020 – 9:00am-10:30am ▪ 06/04/2020 – 9:00am-10:30am ▪ 07/09/2020 – 9:00am-10:30am |
| ▪ Meeting Evaluation | All | |
| ▪ Adjourn | Abbigayle Riedisser | <ul style="list-style-type: none"> • Next meeting will be June 8, 2020, 9:00am-10:30am <ul style="list-style-type: none"> ○ Collaboratory Multipurpose Room 2 |

Appendix E: Lee County CHIP Priority Two Meeting Sign-In

CHIP Meeting Sign-in Sheet

Nutrition, Physical Activity, and Weight
March 9, 2020 9:00am-11:00am



| NO. | NAME (PRINT) | ORGANIZATION | PHONE | EMAIL |
|-----|-------------------|------------------------|----------------------|---------------------------------|
| 01 | Andreati P. Moron | UF/FAAS + NP | 239-834-5114 | amoronvanez@ufl.edu |
| 02 | Karin Kirkwood | DOH LEE | 239-332-9658 | Richard.Kirkwood@flhealth.gov |
| 03 | Amanda Evans | DOH LEE | — | amanda.evans@flhealth.gov |
| 04 | Aura Bowers | Humana | 502-303-3265 | acarpousisbowers@humana.com |
| 05 | Julie Kurtz | Lee County Schools | — | juliekurtz@leeschools.net |
| 06 | Amy Carroll | Lee County Schools | — | amyc@leeschools.net |
| 07 | Monica Correa | Harry Chapin Food Bank | 231-334-7007 ext 112 | mcorrea@harrychapinfoodbank.org |
| 08 | Nana Leon | Harry Chapin Food Bank | — | nleone@harrychapinfoodbank.org |
| 09 | Heather Parker | Lee Schools | 628-2697 | heatherp@leeschools.net |
| 10 | Rachel Walter | Lee Health | — | rachel.walter@leehealth.org |
| 11 | | | | |
| 12 | | | | |

Appendix F: Comprehensive List of Community Partners

Community Partners

- Blue Zones
- Catholic Charities
- Centerstone
- Celadon Recovery
- Eat Local Lee
- Florida Department of Health in Lee County
- Florida Gulf Coast University
- Harry Chapin Food Bank
- Healthy Lee
- Healthy Start Coalition of Southwest Florida
- Hope Clubhouse
- Humana
- Lee County Human and Veterans Services
- Lee County Coalition for a Drug-Free Southwest Florida
- Lee County School District
- Lee Health
- NAMI
- Operation PAR
- Park Royal Hospital
- Providence Family Life Center
- SalusCare
- Southwest Florida Community Foundation
- Southwest Florida Regional Planning Council
- Streets Alive of Southwest Florida
- UF/IFAS Extension Family Nutrition Program